

## Information, Advice and Support You Can Get



Are you aged 25 or under?

Are you **disabled** or do you have **special educational needs**?

You have **special educational needs** when you need extra support to learn things.



The law says that you can get **information**, advice and support.



You can come to us if you want some **help** with getting the right kind of:

- Support at **school**, college or training
- **Health** services
- Care and support



Most people who are 16 years old or more and have finished Year 11 can make their own decisions about their school or support.

If you would like a **parent or carer** to help then that is OK. It is up to you.

If you are **under 16** years old, then we will need to talk to your **parents or carers** before we make any decisions.



Our service is impartial. This means we will not tell you what to do. **We will not take** sides.

We will give you the information and support you need to make your **own choices**.



Our service is confidential. That means our meetings will be **private**. We will only tell people what we talk about if you say it is ok. We also need to tell someone if we think you are in danger of being hurt.



If you are **not happy** with our support then please **tell us** how we can make it better!

Information, Advice and Support Services can help you.

You can ask one of our members of staff for support.

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